



WEBSITES:

- [CASEL - information on SEL 5 core competencies.](#) Includes research, resources, activities, lessons, rubrics, videos and graphics.
- [Panorama Education:](#) More research, but lots of surveys (for free) that you can put in google docs or just print out - use with kids, staff, parents, etc.
- [CDC Website for ACEs](#)
- [Harvard's Center for Developing Child - ACEs](#)
- [Trauma and SEL](#)
- [Trauma Informed Toolkit](#)
- [Zones of Regulation](#)

Reading:

- [Changeable - Dr. J. Stuart Ablon \(Amazon Link\)](#)
- [Better Together](#) - by Jo A. Salazar
- [Social Emotional Learning and the Brain](#) - by Marilee Sprenger
- [Reclaiming Youth at Risk](#) -by Bendtro, Brokenleg and Bockern
- [Why Do I Have to Read This?: Literacy Strategies to Engage Our Most Reluctant Students](#) - by Cris Tovani